

Practising Well Community of Practice

Psychedelics and the Use in Treatment of Mental Health – December 10th, 2025

The Practising Well Community of Practice (CoP) is an intentional conversation for shared learning hosted by the OCFP in collaboration with the U of T DFCM. You can reach us by email at practisingwell@ocfp.on.ca.

Practising Well is designed to support you in providing the best care possible for your patients with their **mental health, substance use disorders and chronic pain**.

General Resources

- Mental Health and Addictions Community of Practice - <https://ontariofamilyphysicians.ca/supports-for-family-doctors/mental-health-and-addictions-supports/community-of-practice/>
- Watch Past Sessions & Self-learning – <https://ontariofamilyphysicians.ca/supports-for-family-doctors/mental-health-and-addictions-supports/community-of-practice/past-events/>
- Peer Connect Mentorship - <https://ontariofamilyphysicians.ca/supports-for-family-doctors/mental-health-and-addictions-supports/peer-connect-mentorship/>
- Ontario College of Family Physicians - <https://www.ontariofamilyphysicians.ca/>

| Resource | Link |
|---|---|
| Ketamine Assisted Therapy Association (KATA) Guidelines | https://katacanada.org/wp-content/uploads/2024/02/KATA_OMA_Psychedelic_MIG_Practice_Standards_Recommendations_Outpatient.pdf |
| How to find an Ethical & Skilled Therapist | https://www.psychedelicassociation.net/find-an-ethical-therapist |
| Best Practices for Psychedelic Practitioners | https://www.psychedelicassociation.net/best-practices |
| Psychedelic Training Programs | https://www.psychedelicassociation.net/resources/education |
| Psychedelic Association of Canada- YouTube | https://www.youtube.com/channel/UCqYHahzy22_p4_NktfUKMg |
| Psychedelic Therapy Access and Training | https://therapsil.ca/about/ |
| Psychedelic Access-Community of Practice | https://www.mapscanada.org/psychedelics-access/ |

| | |
|---|---|
| List of ongoing clinical trials can be searched here | https://clinicaltrials.gov/ |
| Health Canada's special access programs (SAP application form can be found here) | https://www.canada.ca/en/health-canada/services/drugs-health-products/special-access/drugs.html |
| UHN Psychedelic Psychotherapy Research Group | https://www.uhn.ca/MentalHealth/Research/Psychedelic-Psychotherapy-Research |