



Year in Review

2024 / 2025



Taking Action
for Family Physicians



Supporting
Family Physicians
in their Practice



Promoting
Lifelong Learning



Celebrating
our Profession



New in 2024-2025

Taking Action for Family Physicians



Advocacy Impact

Working collaboratively, we have seen progress in many areas of OCFP's advocacy:

A \$1.8B investment over four years, through the Primary Care Action Team, that prioritizes:

- Reducing the admin burden through digital tools, modernizing information sharing and improving the referral process.
- Bringing team-based resources to more patients and family physicians.
- Targeted recruitment and retention strategies for northern and rural communities.

Additional Progress Includes:



\$300M over four years for 17 new/expanded community-based teaching clinics, training future family doctors and attaching more patients.



A new OntarioMD AI scribe program that meets provincial standards, with discounted pricing.



An HRM pilot program to improve functionality and release more time for patient care.



Expanded Learn and Stay Grant to ease the financial burden for students who commit to a full roster of patients.



Primary Care Act, 2025— new legislation to underscore the sector's foundation and ensure accountability to government progress.

Building on the momentum of the past year, OCFP will continue to collaborate with members and system partners to strengthen Ontario's primary care system, champion the vital role of family physicians, drive meaningful system improvements and lead the way for a stronger health-care system. Looking ahead we remain committed to advancing the priorities of family physicians and their patients.

OCFP in the Media

Family physicians told us they want OCFP to speak out, loudly and clearly for the profession. Through the voices of our leadership and our members, OCFP has increased our media presence and focused on the issues that matter most to family physicians, including:

- Solutions to make practice better, including the need for team-based support and improvements to digital health systems to decrease the admin burden.
- The value of family physicians, based on recognition from patients.

4,350

Media stories
(increase of 40 per cent
over 2023-2024)

Family doctor recognized for his care



32

Family
physician
spokespeople



Ontario pledges \$1.8-billion to get more residents access to family doctors or nurse practitioners

Year in Review
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Supporting Family Physicians in their Practice



President's Message

Our President's Message remains a key source for urgent and emerging information, and tools and resources to support family physicians in their practice.

Most Popular Topics



Our statement on legislation to eliminate sick notes for Ontarians who are sick for three days or fewer.



Resources on changes to Ontario's pneumococcal vaccine program and Breast Screening Program.



RSV prevention and a summary to help family physicians manage measles.



8 Messages

from April 1, 2024 – March 31, 2025

More than **2/3 of members** reviewed each edition of the President's Message in 2024-2025.

Changing the Way We Work Community of Practice

While we've shifted our focus from providing COVID-19 updates each session, we include an overview of circulating infectious diseases and vaccine-preventable illnesses each session.



Program Highlights:

- **8504 participants participated in 15 sessions** with an average of 567 attendees per session—the highest attended session included 663 participants.
- **98 per cent of attendees** reported that they value the overall experience of the CoP with 95 per cent reporting that the CoP is relevant and applicable to their practice.



Supporting Family Physicians in their Practice



Practising Well Community of Practice (CoP)

The Practising Well CoP continues to offer sessions on topics that matter most to family physicians. Highlights this year included events on best practices for diagnosing and treating ADHD in primary care, an introduction to supporting patients through the opioid crisis and strategies for preventing burnout through effective boundary setting.

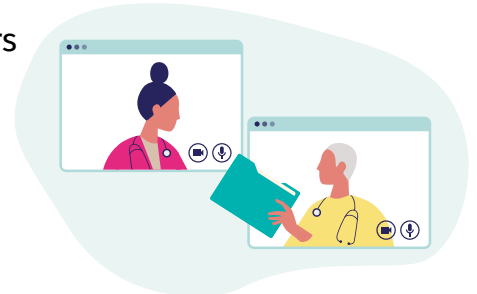


Program Highlights:

- **1804 attendees** over 12 sessions with an average of 150 participants per session.
- **96 per cent of attendees report value** from the program and the overall experience, and 91 per cent report applicability to their practice.

Peer Connect

Supporting family physicians at all career stages, Peer Connect offers a space to connect with colleagues, share experiences and gain practical strategies for managing patients with issues related to mental health, chronic pain and/or substance use. Participants receive guidance to navigate challenges while also making space to strengthen their own well-being and sustain effective, compassionate care in a demanding health-care system.



Program Highlights:

- Peer Guides **provided 283.5 hours of mentorship**, while Learners engaged in **over 400 hours of learning** through the program.
- Through 1:1 and small group learning, Peer Learners collectively earned 1,166 Mainpro+ credits, a **55 per cent increase** from the previous year.

Mainpro+

In 2024-2025, OCFP processed 203 applications—an increase of 45 per cent from 2023-2024, ensuring members can earn Mainpro+ credits through participation in accredited education across a wide spectrum of topics.



Promoting Lifelong Learning



Leadership Academy

In partnership with the Rotman School of Management, OCFP conducted two cohorts of the Leadership Academy, a program developed to cultivate and strengthen leadership skills among family physicians.



Program Highlights:

- **60 family physicians** from across Ontario participated.
- **100 per cent of evaluation respondents** report that the program met their expectations and that they could apply what they learned directly to their work.

Graduates took on new leadership opportunities including:

- Beginning tenure as co-chair of a Primary Care Network.
- Serving as an academic program director for a family medicine residency program.
- Applying to serve on Ontario Health committees.
- Pursuing a call to the bar in Health Law to engage in system-level advocacy.
- Leading the development of a mobile Community Health Centre.



I would encourage any MD with leadership aspirations or in a leadership role to take this course. It was outstanding and has made me feel markedly more confident in my abilities to lead change in my OHT.



This program has easily been the most engaging and helpful leadership program I have done. It was relevant, eye opening and honestly a lovely refreshing approach to leadership that makes it actually teachable.



Clinical Application of the Long-Term Care (LTC) Fracture Prevention Recommendations for Frail Older Adults

Designed to address existing care gaps by illustrating the application of pharmacological and non-pharmacological fracture prevention recommendations with frail older adults in long term care (LTC). Participants are better able to assess fracture risk using the Fracture Risk Scale, apply evidence-based recommendations for fracture prevention in LTC and recognize challenges and barriers to implementing the recommendations and use enablers.

Program Highlights:

- Seven webinars delivered, supporting 182 attendees



Celebrating our Profession



OCFP's annual awards program celebrates the dedication of Ontario's family doctors, medical students and family medicine residents. Nominated by those who know their work best, recipients embody the spirit of family medicine, fostering connection, innovation and excellence in patient care.

Reg L. Perkin Award—Ontario Family Physician of the Year

The Family Physician of the Year Award recognizes an outstanding CFPC family physician member from Ontario who exemplifies the best of what being a family doctor is all about.

Dr. Stacy Desilets, New Liskeard

Dr. Stacy Desilets is a rural generalist family physician in northeastern Ontario.

Throughout her career, her practice has included office-based medicine, hospitalist care, obstetrics, emergency medicine, surgical assists and work as a coroner. Previously, she provided primary care at Mino M'sh-ki ki, an Indigenous Family Health Team and the Canadian Mental Health Association.

An Associate Professor with NOSM University, Dr. Desilets has held many academic roles. Her current leadership roles include Chief of Staff, Temiskaming Hospital, Chair, South Temiskaming Medical Education Group and Secretary, Society of Rural Physicians of Canada.



“I feel that recognition and celebration of family doctors has never been more important. Many family doctors are struggling to find the joy in what we do and to remember why we chose this profession in the first place. This is why celebrations like this one are so important.”

Regional Family Physicians of the Year

- **Dr. Julie Boucher & Dr. Chris Meilleur**, Kapuskasing
- **Dr. Rupa Patel**, Kingston
- **Dr. Aleem Hussain**, Markham
- **Dr. David Daïen**, Toronto
- **Dr. Brenda Copps & Dr. Jean Mullens**, Hamilton

Future Family Physicians

- **Dr. Maria Leis**, Toronto, Family Medicine Resident of the Year
- **Dr. Hunster Yang**, Toronto, Medical Student of the Year

2024 Awards of Excellence

The Award of Excellence recognizes an exceptional accomplishment or innovation achieved within the past 24 months in a specific area or for a specific project pertaining to the specialty of family medicine.

- **Dr. John Beamish**, Peterborough
- **Dr. Kate Greenaway**, Toronto
- **Dr. Megan Landes**, Toronto
- **Dr. Maria Muraca**, North York
- **Dr. Rebecca Stoller**, Toronto

Congratulations to all 2024 award recipients!
Join us on November 19, 2025 for this year's (virtual) ceremony!





2024-2029 Strategic Plan Launch

Developed by family physicians for family physicians, OCFP's 2024-2029 strategic plan recognizes the difference family physicians make, not only in the lives of patients, but in Ontario's overall health-care system. The plan focuses on three strategic directions:

- **Lead The Way** For A Strong Health-care System
- **Make Practicing Better** For Family Physicians
- **Champion The Value** Of Family Physicians

Our Vision

Thriving family physicians
in a healthy Ontario.

New OCFP Initiatives

Patient-Nominated Awards

During the summer of 2024, OCFP launched a campaign asking patients to share how their family doctors have gone above and beyond for them. The response was overwhelming. We heard from patients across the province about the impact family doctors have had on their lives, resulting in the recognition of 750 family physicians.

“Our family doctor saved our daughter's life. She suffers from multiple mental health disorders and he has never given up on her.”

“My sister had a rare form of Lupus which she fought for 20 years before her death. My family doctor is responsible for the precious additional years our family had with my sister.”



Osteoporosis and Fracture Prevention Workshop

In October 2024, OCFP and Ontario Osteoporosis Strategy launched a refreshed Osteoporosis and Fracture Prevention Workshop which significantly increased participants' comfort level in diagnosing, treating and managing osteoporosis in their practice.

- 94 per cent of participants expressed that they learned something new and could recognize and describe the impact of osteoporosis fractures as well as the current care gap, including key barriers and facilitators to quality care.

Health Equity Community of Practice

A new program was launched to strengthen the capacity of primary care practitioners to deliver high-quality, trauma-informed care to individuals and communities affected by marginalization and adverse social determinants of health. The first session was held in June 2025, and OCFP will offer up to six sessions annually, based on topics members have asked for.



Simulated Office Orals (SOOs)

A program expansion, building on our CFPC Exam Orientation Workshop, participants (IMG Practice Eligible Candidates) are provided with an opportunity to practice four additional SOO cases and receive real-time performance feedback from CFPC members.

