

Practising Well Community of Practice

Social Prescribing: Addressing the Social Determinants of Health – August 27, 2025

The Practising Well Community of Practice (CoP) is an intentional conversation for shared learning hosted by the OCFP in collaboration with the U of T DFCM. You can reach us by email at practisingwell@ocfp.on.ca.

Practising Well is designed to support you in providing the best care possible for your patients with their **mental health, substance use disorders and chronic pain**.

General Resources

- Mental Health and Addictions Community of Practice - <https://ontariofamilyphysicians.ca/supports-for-family-doctors/mental-health-and-addictions-supports/community-of-practice/>
- Watch Past Sessions & Self-learning – <https://ontariofamilyphysicians.ca/supports-for-family-doctors/mental-health-and-addictions-supports/community-of-practice/past-events/>
- Peer Connect Mentorship - <https://ontariofamilyphysicians.ca/supports-for-family-doctors/mental-health-and-addictions-supports/peer-connect-mentorship/>
- Ontario College of Family Physicians - <https://www.ontariofamilyphysicians.ca/>

Resource	Link
211 Ontario - Quickly find social services across Ontario for a variety of different issues.	https://211ontario.ca/search/
Centre for Effective Practice - Excellent tool that helps clinicians screen for poverty in their practices; also integrates with various EMRs.	https://cep.health/clinical-products/poverty-a-clinical-tool-for-primary-care-providers/
Women's College Hospital - Offers support for clinicians managing patients with addictions, including guidelines, toolkits, and RAAM clinic info.	https://www.metaphi.ca/
Social Prescribing Resource	https://cep.health/clinical-products/social-prescribing/

Social Prescribing – Free Online Course, includes 20 minute module, 'Implementing social prescribing in your practice,'	https://www.allianceon.org/Social-Prescribing-Online-Course
Social Prescribing – Online Course, Preview Video (1 min 17 s)	https://www.youtube.com/watch?v=W23fQVreLBs
In-person Professional Learning Event (PLE) for Social Prescribing and Health Promotion – September 26	https://www.allianceon.org/event/Alliance-Social-Prescribing-and-Health-Promotion-Professional-Learning-Event
Black Focused Social Prescribing	https://www.allianceon.org/files/inline-files/BFSP_Report_-_Final_-_WEB.pdf
Links2Wellbeing: Social Prescribing for Older Adults	https://www.allianceon.org/sites/default/files/inline-files/LINKS2WELLBEING_REPORT_Final.pdf
Social Prescribing Link Workers Work	https://www.allianceon.org/sites/default/files/inline-files/Social_Prescribing_Link_Workers_Work_FINAL.pdf
Video: TAIBU Community Health Centre in Scarborough	https://www.youtube.com/watch?v=3zSiQd1DEks
Video: Seaway Valley Community Health Centre in Cornwall	https://www.youtube.com/watch?v=h1zB-LdPzAk&t=1s
Video: Lakeshore Nurse Practitioner-led Clinic in Belle River	https://www.youtube.com/watch?v=8jRJWGhoujw