

## Practising Well Community of Practice

### Supporting patients with ADHD and comorbidities - May 28, 2025

The Practising Well Community of Practice (CoP) is an intentional conversation for shared learning hosted by the OCFP in collaboration with the U of T DFCM. You can reach us by email at [practisingwell@ocfp.on.ca](mailto:practisingwell@ocfp.on.ca).

Practising Well is designed to support you in providing the best care possible for your patients with their **mental health, substance use disorders and chronic pain**.

#### General Resources

- Mental Health and Addictions Community of Practice - <https://ontariofamilyphysicians.ca/supports-for-family-doctors/mental-health-and-addictions-supports/community-of-practice/>
- Self-learning – <https://ontariofamilyphysicians.ca/supports-for-family-doctors/mental-health-and-addictions-supports/community-of-practice/past-events/>
- Peer Connect Mentorship - <https://ontariofamilyphysicians.ca/supports-for-family-doctors/mental-health-and-addictions-supports/peer-connect-mentorship/>
- Ontario College of Family Physicians - <https://www.ontariofamilyphysicians.ca/>

Resource	Link
Centre for Effective Practice: Academic Detailing Service	<a href="https://cep.health/academic-detailing/">https://cep.health/academic-detailing/</a>
Centre for ADHD Awareness, Canada	<a href="https://caddac.ca/">https://caddac.ca/</a>
Canadian ADHD Resource Alliance	<a href="https://www.caddra.ca/">https://www.caddra.ca/</a>
Problem Gambling and Technology Overuse treatment services at CAMH	<a href="https://www.camh.ca/en/patients-and-families/programs-and-services/problem-gambling--technology-use-treatment">https://www.camh.ca/en/patients-and-families/programs-and-services/problem-gambling--technology-use-treatment</a>
ADHD Beyond Boundaries Health Services	<a href="https://beyondboundarieshealth.org/">https://beyondboundarieshealth.org/</a>
Concurrent Outpatient Addictions Support Services at CAMH	<a href="https://www.camh.ca/en/patients-and-families/programs-and-services/compass">https://www.camh.ca/en/patients-and-families/programs-and-services/compass</a>