

Practising Well Community of Practice

Harm Reduction in Family Practice: Responding to Changing Policies – February 26, 2025

The Practising Well Community of Practice (CoP) is an intentional conversation for shared learning hosted by the OCFP in collaboration with the U of T DFCM. You can reach us by email at practisingwell@ocfp.on.ca.

Practising Well is designed to support you in providing the best care possible for your patients with their **mental health, substance use disorders and chronic pain**.

General Resources

- Mental Health and Addictions Community of Practice - <https://ontariofamilyphysicians.ca/supports-for-family-doctors/mental-health-and-addictions-supports/community-of-practice/>
- Self-learning – <https://ontariofamilyphysicians.ca/supports-for-family-doctors/mental-health-and-addictions-supports/community-of-practice/past-events/>
- Peer Connect Mentorship - <https://ontariofamilyphysicians.ca/supports-for-family-doctors/mental-health-and-addictions-supports/peer-connect-mentorship/>
- Ontario College of Family Physicians - <https://www.ontariofamilyphysicians.ca/>

Resource	Link
Toronto Drug Checking Service	https://drugchecking.community/
CATIE: Canada's Source for HIV & Hepatitis C Information	www.catie.ca
Ontario: Free Naloxone Kit	https://www.ontario.ca/page/where-get-free-naloxone-kit
Ontario: Recognize and Temporarily Reverse an Opioid Overdose	https://www.ontario.ca/page/get-naloxone-kits-free
Full Service Virtual Safe Consumption	https://www.nors.ca/
PHO: Patterns of Medication and Healthcare Use among People who Died of an Opioid-Related Toxicity During the COVID-19 Pandemic in Ontario. Toronto, ON: Ontario Drug Policy Research Network; 2022.	https://www.publichealthontario.ca/-/media/Documents/C/2022/opioid-related-toxicity-deaths-healthcare-infographic.pdf?rev=cfd5a9912ac0430b94bd51cdbc78f05&sc_lang=en
PHO: Healthcare Utilization and Clinical Comorbidities among People Who Died of a Substance-Related Toxicity Death in Ontario	https://www.publichealthontario.ca/-/media/Documents/O/25/odprn-healthcare-utilization-clinical-comorbidities-substance.pdf?sc_lang=en&rev=b7d50d0e707b4636b1f2954f507cfd50&hash=39BA6A1EBFE3E816A3DE88DAAD594953
Equip Health Care	https://equiphealthcare.ca/
Article – Varying circumstances surrounding opioid toxicity deaths across ethno- racial groups in Ontario, Canada: a population- based descriptive cross- sectional study	https://bmjpublichealth.bmj.com/content/bmjph/2/1/e000480.full.pdf

Health Canada: Supervised consumption explained: types of sites and services. Government of Canada, 2024.	https://www.canada.ca/en/health-canada/services/substance-use/supervised-consumption-sites/explained.html
Article – Public Health and Public Order Outcomes Associated with Supervised Drug Consumption Facilities: a Systematic Review	https://pubmed.ncbi.nlm.nih.gov/28875422/
Article – Supervised injection facility use and all-cause mortality among people who inject drugs in Vancouver, Canada: A cohort study	https://pubmed.ncbi.nlm.nih.gov/31770391/
Article – “It’s not just injecting drugs”: Supervised consumption sites and the social determinants of health	https://pubmed.ncbi.nlm.nih.gov/32485658/
Evidence Based Brief – Supervised Consumption Sites Are Necessary Public Health Services	https://www.uvic.ca/research/centres/cisur/assets/docs/colab/bulletin_safe+consumption+sites.pdf
Article – Supervised consumption site enables cost savings by avoiding emergency services: a cost analysis study	https://pubmed.ncbi.nlm.nih.gov/35346223/
Article – Reduction in overdose mortality after the opening of North America’s first medically supervised safer injecting facility: a retrospective population-based study	https://pubmed.ncbi.nlm.nih.gov/21497898/
Article – Does evidence support supervised injection sites?	https://pmc.ncbi.nlm.nih.gov/articles/PMC5685449/
Article – Supervised injection services: what has been demonstrated? A systematic literature review	https://pubmed.ncbi.nlm.nih.gov/25456324/
Article – Overdose mortality incidence and supervised consumption services in Toronto, Canada: an ecological study and spatial analysis	https://www.thelancet.com/journals/lanpub/article/PIIS2468-2667(23)00300-6/fulltext