

Effective strategies for Benzodiazepine weaning in patient care

January 17, 2024

The Practising Well Community of Practice (CoP) is an intentional conversation for shared learning hosted by the OCFP in collaboration with the U of T DFCM. The CoP is one component of the **OCFP's Practising Well program**. You can reach us by email at practisingwell@ocfp.on.ca.

Practising Well is designed to support you in providing the best care possible for your patients with their **mental health, substance use disorders and chronic pain**.

General Resources

- Practising Well - <https://www.ontariofamilyphysicians.ca/education-practice-supports/practising-well>
- Peer Connect (mentorship program) - <https://www.ontariofamilyphysicians.ca/supports-for-family-doctors/mental-health-and-addictions-supports/peer-connect-mentorship/>
- Ontario College of Family Physicians - <https://www.ontariofamilyphysicians.ca/>

Resource	Type	Link
The Ashton Manual	Medical Research Information	https://www.benzoinfo.com/wp-content/uploads/2022/07/Ashton-Manual.pdf
Xylazine (CCENDU Drug Alert)	Drug Supply Report	https://www.ccsa.ca/xylazine-ccendu-drug-alert
Opioid Use, Related Harms, and Access to Treatment Among First Nations in Ontario	Annual Update Report	https://odprn.ca/research/publications/opioid-first-nations-annual-update-2013-2021/
American Geriatrics Society 2023 updated AGS Bers Criteria for potentially inappropriate medication use in older adults	Journal Article	https://agsjournals.onlinelibrary.wiley.com/doi/epdf/10.1111/jgs.18372