

# Peer Connect

For family physicians caring for patients with issues surrounding mental health, substance use disorders and chronic pain.

Supporting a patient's mental well-being and addressing substance use disorders and chronic pain issues can be challenging.

**Peer Connect is here to help.**

Peer Connect provides an empowering space to continue your learning journey in one-to-one or small group settings.

I have been very fortunate to have a very knowledgeable peer who has been incredible at helping me achieve a variety of different goals.

Peer Connect Participant



## How does Peer Connect work?

As a Peer Learner, you will connect with a Peer Guide (a family physician colleague) to work collaboratively to identify and develop your strengths. This relationship is what makes Peer Connect a unique and engaging learning format. You will build on your existing skillset to bring practical approaches to addressing complex issues.

When you become a Peer Learner, you will:



Achieve goals that are meaningful to you and your journey as a physician



Gain skills to empower patients facing difficult and challenging issues



Stay up to date with the latest tools and knowledge to support you in your practice



Earn 3-credits-per-hour through this Mainpro+ certified program

## About our Peer Guides

Your Peer Guide will support you in achieving your goals by providing insights from their own personal experience and expertise and highlighting your existing strengths.

## How do I sign up?

Visit our website to become a Peer Learner in 3 easy steps.



## Looking for additional practice supports?

Join our monthly Community of Practice.



[www.ontariofamilyphysicians.ca/peerconnect](http://www.ontariofamilyphysicians.ca/peerconnect)