

Addressing patients with personality disorder

September 27, 2023

The Practising Well Community of Practice (CoP) is an intentional conversation for shared learning hosted by the OCFP in collaboration with the U of T DFCM. The CoP is one component of the **OCFP's Practising Well program**. You can reach us by email at practisingwell@ocfp.on.ca.

Practising Well is designed to support you in providing the best care possible for your patients with their **mental health, substance use disorders and chronic pain**.

General Resources

- Practising Well - <https://www.ontariofamilyphysicians.ca/education-practice-supports/practising-well>
- Peer Connect (mentorship program) - <https://www.ontariofamilyphysicians.ca/education-practice-supports/practising-well/peer-connect>
- Ontario College of Family Physicians - <https://www.ontariofamilyphysicians.ca/>

Resource	Type	Link
Mental Health & Addiction Treatment Services	Health Services Information	https://www.connexontario.ca/en-ca/
Youth Wellness Hubs Ontario	Social Services	https://youthhubs.ca/en/
Non-medical Cannabis Resource	Resources	https://tools.cep.health/tool/non-medical-cannabis-resource/
Cannabis, Public Health Ontario	Information	https://www.publichealthontario.ca/en/diseases-and-conditions/mental-illness-substance-use/cannabis
Cannabis Resources, Canadian Medical Association	Policies and Guidelines	https://policybase.cma.ca/list?q=setName%3A%28Cannabis%29%20&p=1&ps=20
Cannabis and your health: 10 ways to reduce risks when using	Patient Resources	https://www.canada.ca/en/public-health/services/publications/drugs-health-products/cannabis-10-ways-reduce-risks.html
Canadas Lower Risk Guidelines – Cannabis	Harm Reduction Guidelines	https://www.camh.ca/-/media/files/pdfs---reports-and-books---research/canadas-lower-risk-guidelines-cannabis-pdf.pdf
Useful tips about safer ways to use cannabis	Youth Resources	https://www.camh.ca/-/media/images/all-other-images/research-lrcug-for-youth/lrcug_for_youth-eng-pdf.pdf
Cannabis Use Throughout Women's Lifespans - Part 2: Pregnancy, the Postnatal Period, and Breastfeeding	Practice Guideline	https://pubmed.ncbi.nlm.nih.gov/35400521/
A Guide to Cannabis for Older Adults	Guideline	https://www.ccsa.ca/sites/default/files/2020-07/CCSA-Cannabis-Use-Older-Adults-Guide-2020-en.pdf
SOGC Handout on Cannabis in Pregnancy	Handout	https://www.pregnancyinfo.ca/wp-content/uploads/2019/02/CannabisFactsheetEN.pdf

