

Practising Well Community of Practice

Supporting patients amid an opioid epidemic

July 27, 2022

The Practising Well Community of Practice is an intentional conversation for shared learning hosted by the OCFP in collaboration with the U of T DFCM. The Practising Well Community of Practice is one component of the **OCFP's Practising Well Program**. You can reach us by email at practisingwell@ocfp.on.ca.

Practising Well is designed to support you in providing the best care possible for your patients with their **mental health, substance use disorders and chronic pain**. It is an active and engaged online community that gives you access to a deep well of knowledge to make your practice easier today, and to improve it in the future.

At the core of Practising Well are three distinct, yet interrelated, parts:

- Community of Practice
- Information Exchange: An easy-to-navigate online repository of information.
- Peer to Peer Connect: An opportunity to partner with another family physician in a one-on-one setting and share experiences and best practices.

General Resources

- Practising Well - <https://www.ontariofamilyphysicians.ca/education/practising-well>
- Ontario College of Family Physicians - <https://www.ontariofamilyphysicians.ca/>

Practice Resources

Resource	Source	Link
Opioid Prescribing for acute pain QS	Health Quality Ontario	https://www.hqontario.ca/Evidence-to-Improve-Care/Quality-Standards/View-all-Quality-Standards/Opioid-Prescribing-for-Acute-Pain
Opioid Prescribing for chronic pain QS	Health Quality Ontario	https://www.hqontario.ca/evidence-to-improve-care/quality-standards/view-all-quality-standards/opioid-prescribing-for-chronic-pain
ODU QS	Health Quality Ontario	https://www.hqontario.ca/evidence-to-improve-care/quality-standards/view-all-quality-standards/opioid-use-disorder
ODU QS placemat	Health Quality Ontario	https://www.hqontario.ca/Portals/0/documents/evidence/quality-standards/qs-opioid-use-disorder-placemat-en.pdf

National Opioid Use Disorder Guidelines	CANADIAN RESEARCH INITIATIVE IN SUBSTANCE MISUSE	https://crism.ca/projects/opioid-guideline/
Canadian Opioid Use Disorder Guidelines	CAMH	https://www.camh.ca/en/professionals/treating-conditions-and-disorders/canadian-opioid-use-disorder-guideline
Supporting people who use substances in acute care settings during the COVID-19 pandemic (National Rapid Guidelines)	CANADIAN RESEARCH INITIATIVE IN SUBSTANCE MISUSE	- https://crism.ca/wp-content/uploads/2021/02/Supporting-people-who-use-substances-in-acute-care-settings-during-the-COVID-19-pandemic-V2-18-Feb-2021.pdf
A Guideline for the Clinical Management of Opioid Use Disorder	BC Centre on Substance Use	https://www.bccsu.ca/wp-content/uploads/2017/06/BC-OUD-Guidelines_June2017.pdf
Opioid Use Disorder Videos	Canadian Centre on Substance Use and Addiction	https://ccsa.ca/opioid-use-disorder-videos
META PHI	META PHI	http://www.metaphi.ca/
Opioid Use Disorder Tool	CEP	https://cep.health/media/uploaded/CEP_Opioid_Use_Disorder_2018.pdf

Patient Resources

Resource	Source	Link
Opioid Wisely (Choosing Wisely Canada) - When you need them – and when you don't	Choosing Wisely Canada	https://choosingwiselycanada.org/wp-content/uploads/2018/02/Opioids-When-you-need-them-and-when-you-dont.pdf
HQO Patient Reference Guide: Opioid Prescribing for Acute Pain	Health Quality Ontario	https://www.hqontario.ca/portals/0/documents/evidence/quality-standards/qs-opioid-acute-pain-patient-guide-en.pdf
ConnexOntario	ConnexOntario	https://www.connexontario.ca/en-ca/
Ontario Federation of Indigenous Friendship Centres	Ontario Federation of Indigenous Friendship Centres	https://ofiic.org/friendship-centres/find/
Ontario Health E-Learning	Ontario Health	https://elearning.cancercare.on.ca/
San'yas Anti-Racism Indigenous Cultural Safety Training Program	San'yas Anti-Racism Indigenous Cultural Safety Training Program	https://sanyas.ca/

Education

Resource	Source	Link
Peer to Peer Connect	Ontario College of Family Physicians – Practising Well	https://www.ontariofamilyphysicians.ca/education-practice-supports/practising-well/peer-to-peer-connect
ECHO Chronic Pain & Opioid Stewardship	UHN	https://uhn.echoontario.ca/Our-Programs/Chronic-Pain

**Addiction Care and Treatment
Online Course**

BC Centre on Substance Use

<https://www.bccsu.ca/about-the-addiction-care-and-treatment-online-certificate/>

Supports for you and those you care about

Resource	Source	Link
Physician Health Program	OMA	https://php.oma.org/
Health Care Provider Resource Site	CAMH	http://www.camh.ca/covid19hcw