

Family Physician Respiratory Illness Season Resource Checklist

Information current as of September 15, 2023

As your practice prepares for the 2023-24 respiratory illness season, [visit our website](#) to access OCFP physician and patient resources to support you during this time.

This checklist will provide you with a list of family physician and patient resources available and highlights the information found in each. These resources will be updated to reflect new/updated information.

Family Physician Resources

Physician-Patient Discussions

- Recommend influenza and COVID-19 vaccines for preventing severe illness.
- Identify and engage proactively with higher-risk patients on accessing testing and antivirals.
- Consider Social Determinants of Health.
- Ensure higher-risk patients are aware of pathways to access testing and antivirals if they get sick.
- Provide resources to help patients manage their symptoms at home.

COVID-19 Testing- Antiviral Treatments for COVID-19 and Influenza

- Access to COVID-19 testing.
- Influenza Antivirals
- COVID-19 Antivirals.
- Paxlovid/Remdesivir.
- Identifying high-risk patients.

Preventing the Spread of Respiratory Viruses in Patient Care Areas of Your Clinic

- Review OCFP IPAC guidance resource.
- Plan for screening.
- Review and plan masking protocols.
- Access printable signs for your clinic (Reminder to wear a mask):
- Plan scheduling and clinic flow.
- Access PPE and RATs inventory.

Screening for Respiratory Illness

- This tool was developed to help your front office staff screen for respiratory illness.
- Includes list of risk factors for severe illness or complications from the flu or COVID-19.

Vaccine Update

- COVID Vaccines
- Influenza Vaccines
- Other vaccines you may want to offer to high-risk patients

Patient Resource

- [Make Sure You Are Up-to-date With Vaccines](#)
- [If You Get Sick: Managing Colds, RSV, Flu and COVID-19](#)
- [Taking Action to Stay Healthy This Fall And Winter](#)
- [Are You at Higher Risk of Serious Complications from Respiratory Illnesses?](#)
- Caring for Sick Children
 - [Family Doctor Tips for Teens and Adults with Colds, the Flu or COVID-19](#)
 - [Family Doctor Tips on Caring for Children with Respiratory Symptoms](#) (available in 13 languages)